FOODMED

藥食同源 • 2026

Integrating Food and Chinese Medicine:

Exploring Science, Technology, and Holistic Approaches for Health

食品與傳統中醫藥的融合:

探索人類健康的科學技術與方法



5 - 6 November 2026

Hong Kong Science Park
香港科學園

CONFERENCE BOOK
會議手冊

Organisers 主辦單位

香港浸會大學
HONG KONG BAPTIST UNIVERSITY

Institute for Innovation and Translation
創新及轉化研究院

伍絜宜中醫藥轉化研究所
WU JIEH YEE INSTITUTE OF TRANSLATIONAL CHINESE MEDICINE RESEARCH

School of 中醫藥學院 Chinese Medicine

科學與科技學院
Faculty of Science and Technology

北师香港浸会大学
BEIJING NORMAL-HONG KONG BAPTIST UNIVERSITY

Food Safety Consortium
食品安全聯盟

Co-organiser 協辦單位

HKSTP 25

Strategic Partner 策略伙伴

InvestHK

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Welcome Remarks
歡迎辭



Professor Alex Wai, JP
衛炳江教授, JP

President and Vice-Chancellor; Chair Professor of Photonics,
Hong Kong Baptist University

香港浸會大學校長、光子學講座教授

On behalf of Hong Kong Baptist University (HKBU), it is my great pleasure to welcome you to FoodMed 2026.

At a time when many parts of the world are facing the challenges of ageing populations, chronic diseases and rising healthcare costs, there is growing recognition that health must be approached not only through treatment, but also through prevention and wellness.

The concept of Food as Medicine is not new. It resonates with the ancient Chinese wisdom of "藥食同源" — that food and medicine share a common origin. Today, this concept is gaining renewed importance as a global agenda.

Across the Chinese Mainland, initiatives such as Healthy China and the development of the health industry have highlighted the importance of preventive healthcare, healthy ageing, innovation and the modernisation of Chinese medicine. Here in Hong Kong, innovation and technology, healthcare advancement, and the development of Chinese medicine are likewise important strategic priorities.

Food as Medicine sits at the intersection of these agendas. It offers opportunities not only to improve health outcomes, but also to create new industries, generate economic value and enhance quality of life.

We are delighted that FoodMed 2026 has brought together participants from around the world, representing the government, industry, academia, research and investment sectors, to advance research, foster innovation and strengthen collaboration in this rapidly evolving field. I hope this conference will spark new ideas, forge meaningful partnerships, and accelerate the translation of knowledge into solutions that advance health and wellbeing for communities around the world.

I wish you a productive and rewarding conference.

謹代表香港浸會大學（浸大），熱烈歡迎各位蒞臨藥食同源會議2026。

在人口老齡化、慢性疾病日益普遍及醫療成本持續上升的背景下，全球愈來愈認同健康不應只著重疾病治療，更要重視預防與全人健康。「藥食同源」的理念並非新事，它與中國古老智慧不謀而合——食物與藥物，本是同源。時至今日，這份智慧再次受到重視，並成為全球關注的重要議題。

在國家層面，「健康中國」建設及大健康產業發展均強調預防醫學、健康老齡化、創新科技及中醫藥現代化的重要性。在香港，創新科技、醫療健康發展及中醫藥產業建設同樣是重要的發展方向。

藥食同源正正匯聚這些發展機遇。它不僅有助提升健康水平及改善疾病預防成效，更可促進新興產業發展、創造經濟價值，並提升社會整體福祉。

我們十分高興看到今年的會議匯聚來自世界各地的專家學者、業界領袖、醫療專業人士、政策制定者及投資機構代表，充分體現「政、產、學、研、投」協同創新的生態圈，共同推動這個快速發展領域的研究、創新與合作。我期望本次會議能激發更多新思維、促成更緊密的跨界合作，推動科研成果落地轉化，並為全球健康發展帶來長遠而深遠的影響。

祝願各位在藥食同源會議2026收穫豐碩，會議圓滿成功。

Introduction to FoodMed Conference 2026
2026 香港藥食同源大會簡介



Professor Terence Lok-ting Lau
劉樂庭教授

Interim Chief Innovation Officer, Hong Kong Baptist University
Chairman, Food Safety Consortium
Chairman, FoodMed 2026 Organising Committee
Director, Wu Jieh Yee Institute of Translational Chinese Medicine Research

香港浸會大學暫任首席創新總監
食品安全聯盟主席
藥食同源會議2026籌備委員會主席
伍絜宜中醫藥轉化研究所總監

Welcome to FoodMed 2026.

It is my great pleasure to welcome you to the second edition of this conference as we continue our mission of advancing the science, innovation and real-world application of Food as Medicine.

Food as Medicine is inherently interdisciplinary, bringing together nutrition science, Traditional Chinese Medicine, biomedical research, public health, technology, regulation, industry and policy. At Hong Kong Baptist University (HKBU), we believe that improving health and wellbeing requires us to move beyond traditional boundaries and foster collaboration across disciplines, sectors and cultures.

Around the world, there is growing recognition that food systems, health systems and traditional knowledge systems must be considered together. International organisations such as the WHO, UNIDO, FAO and IAEA are increasingly contributing to initiatives that connect innovation, sustainability, public health and economic development. We are honoured that FoodMed has become a platform where these global perspectives converge alongside leaders from academia, industry, healthcare and government.

At FoodMed 2026, we will explore innovations, scientific validation, technology translation, regulatory development, commercialisation pathways, and the integration of food and Chinese medicine into modern healthcare systems. We have also curated a showcase featuring more than 30 HKBU research projects and start-ups, including a dedicated pitching session, highlighting the growing momentum of FoodMed innovation.

I encourage all of us to think beyond our own disciplines and organisations. The future of Food as Medicine will be shaped by our collective willingness to collaborate, innovate and act. Let us use these two days to build new partnerships and accelerate solutions that improve health and wellbeing around the world.

I look forward to the conversations, collaborations and impact that will emerge from this conference.

歡迎蒞臨2026藥食同源會議，與我們一同推動藥食同源在科學研究、創新發展及實際應用方面的進步。

藥食同源是涵蓋營養科學、中醫藥、生物醫學研究、公共衞生、科技、監管、產業及政策等範疇的跨學科領域。香港浸會大學（浸大）深信，要提升人類健康與福祉，必須突破傳統學科界限，促進不同專業、界別及文化之間的合作。

Introduction to FoodMed Conference 2026
2026 香港藥食同源大會簡介

放眼全球，愈來愈多人認同食品、健康與傳統知識體系需要整合發展。世界衛生組織 (WHO)、聯合國工業發展組織 (UNIDO)、聯合國糧食及農業組織 (FAO) 及國際原子能機構 (IAEA) 等跨國機構，近年均積極參與推動結合創新、可持續發展、公共衛生及經濟發展的相關倡議。我們深感榮幸藥食同源會議已成為匯聚這些國際視野的平台，並與來自學術界、產業界、醫療界及政府部門的領袖共同交流分享。

在今年會議期間，我們將探討創新發展、科學驗證、技術轉化、監管發展、商業化路徑，以及食品與中醫藥融入現代醫療體系等重要議題。我們亦特別策劃了匯聚超過30項浸大科研項目及初創企業的創新展示，並設有專題路演環節，展示浸大藥食同源生態圈蓬勃發展的創新成果。

我期望大家能夠跳出自身學科和機構的框架思考。食藥同源的未來，將有賴我們共同合作、持續創新和付諸行動。讓我們善用這兩天時間，建立新的夥伴關係，加快推動能夠改善全球健康與福祉的創新方案。

我期待在本次會議中與各位交流，共同探索合作機遇，創造更大的社會價值。

香港浸會大學
HONG KONG BAPTIST UNIVERSITY

Hong Kong Baptist University
香港浸會大學

Hong Kong Baptist University (HKBU) is committed to the pursuit of excellence in education, research and service to the community. As one of Asia's finest institutions, HKBU's seven faculties and schools offer a wide array of programmes across a diverse range of disciplines, from the arts, business, communication, and social sciences to science and technology, Chinese medicine and sport. HKBU offers an environment that fosters technological progress with a focus on human dimensions. The University is using technology to push the envelope of human imagination in the arts and cultural sphere. Coupled with our unceasing efforts to achieve breakthroughs in science and Chinese medicine, HKBU strives to contribute to the building of a better world and a more compassionate society.

香港浸會大學（浸大）一直在教育、研究及社會服務上追求卓越。作為亞洲最優秀的高等教育學府之一，浸大設有七個學院，為學生提供多樣化的學科選擇，由藝術、工商管理、傳理、社會科學以至科技、中醫及體育等等。 為推動以人為本的科技發展，浸大利用科技不斷開拓人類在藝術和文化的想像空間，並在科學及中醫領域上不斷帶來突破，銳意建立一個更美好的世界及仁愛的社會。

HKBU website
浸大網頁



Institute for
Innovation and Translation
創新及轉化研究院

Institute for Innovation and Translation
創新及轉化研究院

The Institute for Innovation and Translation (IIT) of Hong Kong Baptist University (HKBU) is committed to driving innovations, research and development, technology translation, and real-world applications to enable HKBU to respond to emerging challenges and opportunities nationally and globally. We strive to bridge the gap in technology readiness between academic innovation and industry applications for the well-being of society.

IIT encompasses Innovation and Entrepreneurship as well as Technology Translation—each being instrumental in fostering a vibrant ecosystem at HKBU conducive to technology translation and collaboration. The all-round business development, scientific, and policy research support will anchor HKBU's robust and sustainable development.

香港浸會大學（浸大）創新及轉化研究院（IIT）致力推動創新、研發、技術轉化和應用，使浸大能夠應對國家以至全球出現的挑戰和機遇。我們致力拉近學術創新和行業應用之間的差距，提升技術成熟度，令浸大的創新科技得以造福社會。

IIT專注於創新與創業和技術轉化，務求在浸大建立一個提供全面支持技術轉化和合作的生態系統，在業務拓展、科學和政策研究等領域促進浸大的可持續發展。

IIT website
IIT網頁

伍絜宜中醫藥轉化研究所
WU JIEH YEE INSTITUTE OF
TRANSLATIONAL CHINESE MEDICINE RESEARCH

Wu Jieh Yee Institute of Translational Chinese Medicine Research
伍絜宜中醫藥轉化研究院

Funded by the Wu Jieh Yee Charitable Foundation, Wu Jieh Yee Institute of Translational Chinese Medicine Research (WJY ITCMR) is set to be a modern Chinese medicine development platform equipped with advanced research infrastructure, dedicated to translating research outcomes into clinical applications and commercialisation, to drive the standardisation and internationalisation of Chinese medicine.

由伍絜宜慈善基金會資助成立的伍絜宜中醫藥轉化研究院 (WJY ITCMR) 致力於成為一個現代化的中醫藥醫療發展平台。研究院配備先進的研究基礎設施，旨在將研究成果轉化為臨床應用和商品化，推動中醫藥標準化和國際化的發展。

WJY ITCMR website
WJY ITCMR網頁

School of 中醫藥學院
Chinese Medicine

The School of Chinese Medicine
中醫藥學院

The School of Chinese Medicine (SCM) of Hong Kong Baptist University (HKBU), the first institution funded by the University Grants Committee to offer undergraduate education in Chinese medicine and pharmacy in Chinese medicine in Hong Kong. Since its inception in 1999, SCM has been committed to providing quality academic programmes, engaging in cutting-edge research and technology development, offering first-rate Chinese medicine healthcare services, and contributing to the standardisation, modernisation and internationalisation of Chinese medicine.

SCM has grown rapidly over the years and emerged as a leader in Chinese medicine in the higher education sector in Hong Kong. It also prides itself on a high-calibre research team which has been widely recognised for being at the forefront of translational research and drug discovery. SCM is well poised to leverage the opportunities afforded by Hong Kong's first Chinese medicine hospital, which is operated by HKBU, to scale greater heights in its endeavours to advance and sustain the development of Chinese medicine in Hong Kong and beyond.

香港浸會大學（浸大）於1999年成立中醫藥學院（SCM），是首間由大學教育資助委員會資助開辦中醫及中藥本科課程的高等院校。學院一直致力開辦優質的中醫藥課程、從事高端的研究和技術開發工作、提供高水平的中醫醫療服務，並積極推動中醫藥標準化、現代化和國際化。

學院多年來迅速發展，堪為本地中醫藥高等教育的翹楚；研究團隊亦屢創佳績，在轉化研究和藥物發現方面獲得廣泛認可。香港首家中醫醫院由浸大負責營運，學院將藉此良機再創高峰，竭力推動並鞏固本地乃至海外的中醫藥發展。

SCM website
SCM網頁

科學與科技學院
Faculty of Science and Technology

Faculty of Science and Technology
科學與科技學院

The Faculty of Science and Technology (FST) at Hong Kong Baptist University strives to play a leading role in science education and technological advancement by delivering excellence in teaching and learning, conducting cutting-edge academic research, and proactively contributing to the advancement of society.

Founded in 1961, the Faculty comprises five departments, including Biology, Chemistry, Computer Science, Mathematics, and Physics. It has around 2,500 undergraduate and postgraduate students.

Formerly known as the Faculty of Science, the Faculty has been renamed as Faculty of Science and Technology effective 1 September 2026 to better reflect its evolving identity and strengths, which span a broad scientific and technological spectrum.

香港浸會大學科學與科技學院銳意領先科學教育及科技發展，並致力提供卓越教學、進行前沿學術研究及積極為社會發展作出貢獻。

學院於1961年成立，共設五個學系，包括生物系、化學系、計算機科學系、數學系和物理系，為學生提供廣泛的科學課程。目前，本院約有2,500名本科生和研究生。

學院自2026年9月1日起正式由理學院更名為「科學與科技學院」，藉以更精準地展現學院與時並進的定位與優勢，涵蓋廣泛的科學與技術領域。

FST website
FST網頁

北师香港浸会大学
BEIJING NORMAL-HONG KONG BAPTIST UNIVERSITY

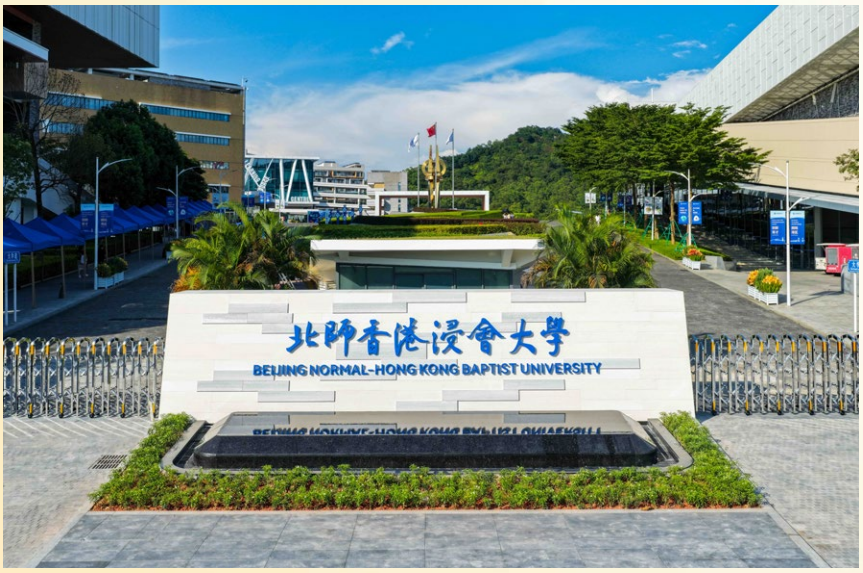
Beijing Normal-Hong Kong Baptist University
北師香港浸會大學

Beijing Normal-Hong Kong Baptist University (BNBU), jointly established by Beijing Normal University and Hong Kong Baptist University in 2005, is the first full-scale cooperation in higher education between the Chinese Mainland and Hong Kong, and the first innovative liberal arts university in the Chinese Mainland. It is also a member of the Guangdong high-level university development plan. The University is situated in Zhuhai, on the coast of the South China Sea and bordering Hong Kong and Macao. Zhuhai is a pivotal city within the Guangdong-Hong Kong-Macao Greater Bay Area and was one of the earliest regions where Chinese and Western cultures converged in modern times.

BNBU has established close partnerships with nearly 100 renowned universities and educational institutions worldwide. The inauguration of its Boston Center and London Center has further expanded the University's global outreach. BNBU is committed to nurturing citizens with a strong knowledge of local cultures and a global outlook.

北師香港浸會大學（北師港浸大）由北京師範大學與香港浸會大學於2005年攜手創立，是中國第一家內地與香港高等教育界合作創辦的大學、第一所創新的博雅型大學，也是廣東省高水平大學重點學科建設高校。學校位於南海之濱、鄰近港澳，坐落於粵港澳大灣區的重要節點城市、近代中西文化交匯最早的地區之一 ——珠海。

學校與全球近百所知名院校及教育機構建立合作，設立波士頓中心與倫敦中心，穩步拓展國際化佈局。學校注重傳承與傳播中華優秀傳統文化，讓學生了解國情國學，厚植家國情懷。



BNBU website
北師港浸大網頁

Food Safety Consortium
食品安全聯盟

Food Safety Consortium
食品安全聯盟

Food Safety Consortium (FSC) is a charitable organisation in Hong Kong aiming to address food safety challenges with cutting-edge and applied technologies and with timely and in-depth communication on food safety related matters. FSC comprises stakeholders from the academia, industry and other stakeholder organisations.

FSC is supported by the Hong Kong Baptist University (HKBU)'s Institute for Innovation and Translation, HKBU academic units and research centers, together with its founding university The Hong Kong Polytechnic University.

We are the Hong Kong Affiliate of the International Association for Food Protection (IAFP), a prestigious industry association with over 100 years of history in protecting global food supply. FSC is also the first and only non-governmental organisation (NGO) from Hong Kong and Chinese Mainland to be recognised as an Observer at FAO/WHO Codex Alimentarius Commission.

In addition, FSC becomes a member of the WHO Alliance for Food Safety, working with members and partners to contribute our expertise for the implementation of the WHO Global Strategy for Food Safety 2022-2030.

食品安全聯盟 (FSC) 於2015年正式成立，目前是一間香港的慈善組織，宗旨是以創新科技解決食品安全問題及挑戰，並就不同的食安問題提供適時的溝通管道。食品安全聯盟由來自學術界、業界和其他組織的食安持份者組成，通過研發和應用尖端的科技去克服食品安全的挑戰，並與各持分者及時深入溝通與食品安全相關的問題及解決方案。

FSC由香港浸會大學 (浸大) 創新及轉化研究院、以及浸大的其他學術和研究單位支持，亦是在保護全球糧食供應方面擁有百多年歷史的國際食品保護協會 (IAFP) 的香港分會。

目前，FSC是香港和中國內地首個及目前唯一一個非政府組織獲任為食品法典委員會觀察員。食品法典委員會是聯合國糧食及農業組織及世界衛生組織轄下的國際食品標準制定機構。

同時，FSC作為世界衛生組織Alliance for Food Safety的成員，將與其他成員及合作夥伴攜手，貢獻我們的專業知識，推動《世界衛生組織2022–2030年全球食品安全戰略》的實施。

FSC website
FSC網頁

HKSTP Core Facilities

Establishing Critical Infrastructure Along The Development Continuum

Bench **Translational Research** **Bedside**

Core Labs | **Biological Resource Program** | **Drug Safety Testing**







Equipment and Services

Support biomarker discovery and efficacy analyses

Information Hub

Set up an accedited cell / tissue processing site and biobank witin BHS for various biosample providers and seekers

GLP Pre-clinical Testing

Provide *in vitro* and *in vivo* drug safety and toxicology assessment

Medical Device Testing | **Pilot Batch**





Device Testing

Support validation and registration of medical devices

GMP Cell Processing for Clinical Grade Drugs

Produce clinical grade drug material for clinical trials

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Transcending Traditions, Driving Innovation: HKBU's Interdisciplinary Approach to Food Tech

突破傳統 引領創新：浸大跨學科方法發展食品科技

Hong Kong Baptist University (HKBU) recognises the immense potential of food tech in addressing global challenges such as public health, food safety, food authentication, antimicrobial resistance, sustainable development, and food security. To nurture the development of food tech and optimise research impact, HKBU embraces an interdisciplinary approach that transcends traditional disciplinary boundaries by integrating various fields such as biology, chemistry, physics, engineering, computing, and artificial intelligence.

Good food is fundamental to good health, and HKBU strives to generate health benefits for the public. Leveraging the established strengths and advantages of our School of Chinese Medicine and Faculty of Science and Technology, HKBU explores the concept of "Food as Medicine" to encourage a wider application and integration of Chinese medicine and food safety. This will in turn contribute to the internationalisation and standardisation of Chinese medicine.

HKBU strengthens its research, education, and innovation efforts and maximises their impact on the community by collaborating with industry stakeholders, government agencies, and non-profit organisations. These public-private partnerships facilitate the translation of research findings into practical applications and ensure that the benefits of food tech advancements could reach a wider community.

香港浸會大學（浸大）認識到食品科技的巨大潛力，有助應對包括公共衛生、食品安全、食品鑑定、抗菌耐藥性、可持續發展和食品安全等的全球挑戰。為推動食品科技的發展並擴大相關研究的影響力，大學採取跨學科方法，突破傳統學科研究的界限，融合生物學、化學、物理學、工程學、計算機和人工智能等各個領域。

好的食物對健康至關重要，而浸大亦致力提升公眾的健康質素。藉著其中醫藥學院和科學與科技學院的優勢，浸大積極探索「藥食同源」的概念，推動更廣泛應用，以及結合中醫藥和食品安全。這將有助於促進中醫藥的國際化和標準化。

為加強研究、教育和創新工作，並為社會帶來更多正面影響，浸大積極與不同業界持分者、政府機構和非牟利組織合作。這些公私合作有助於將研究成果轉化為實際應用，確保食品科技進步的好處能夠惠及更廣泛的社群。

Read the "Food Tech at HKBU" publication
閱讀《浸大食品科技》刊物

2026.11.05 - Day 1

The Global State of Food as Medicine – Supranational Strategies, Regulatory Framework, Safety and Quality, and Latest Innovations

全球藥食同源現狀 — 跨國佈局、監管框架、安全性和品質、創新和驗證

9:00 Welcome Remarks 開幕致辭



Professor Alex Wai, JP
President and Vice-Chancellor; Chair Professor of Photonics, Hong Kong Baptist University
(Pre-recorded video)

衞炳江教授, JP
香港浸會大學校長及光子學講座教授
(預錄影片)



Mr Aldous Mak
Chief Financial Officer, Hong Kong Science and Technology Parks Corporation

麥仕傑先生
香港科技園公司首席財務總監



Dr Sylvie Briand
Chief Scientist and Assistant Director-General for Health Systems, Access and Data a.i., World Health Organization
(Pre-recorded video)

Sylvie Briand 博士
世界衛生組織首席科學家兼衛生系統、獲取和數據事務臨時助理總幹事
(預錄影片)

9:20 Introduction to FoodMed Conference 2026 藥食同源會議2026簡介



Professor Terence Lok-ting Lau
Interim Chief Innovation Officer, Hong Kong Baptist University
Chairman, Food Safety Consortium
Chairman, FoodMed 2026 Organising Committee
Director, Wu Jieh Yee Institute of Translational Chinese Medicine Research

劉樂庭教授
香港浸會大學暫任首席創新總監
食品安全聯盟主席
藥食同源會議2026籌備委員會主席
伍絜宜中醫藥轉化研究所總監

9:25 Collaboration Launching Ceremony of Hong Kong Baptist University and Mannings 香港浸會大學與萬寧合作啟動儀式

9:30 Opening Keynotes 開幕主題報告

Moderator 主持人



Professor Terence Lok-ting Lau
Interim Chief Innovation Officer, Hong Kong Baptist University
Chairman, Food Safety Consortium
Chairman, FoodMed 2026 Organising Committee
Director, Wu Jieh Yee Institute of Translational Chinese Medicine Research

劉樂庭教授
香港浸會大學暫任首席創新總監
食品安全聯盟主席
藥食同源會議2026籌備委員會主席
伍絜宜中醫藥轉化研究所總監

Speakers 演講嘉賓

Food as Medicine: From Traditional Knowledge to Evidence-Informed Public Health Action
藥食同源：從傳統智慧到循證為本的公共衛生行動



Dr Geetha Krishnan Gopalakrishna Pillai
Unit Head, Traditional Medicine Research, Data, Sustainability, and Innovation, Global Traditional Medicine Centre, World Health Organization

Geetha Krishnan Gopalakrishna Pillai 博士
世界衛生組織全球傳統醫學中心傳統醫學研究、數據、可持續性與創新組主管

From Evidence to Enterprise: Building Safe, Sustainable and Inclusive Food-as-Medicine Value Chains 從實證到產業：構建安全、可持續及具包容性的藥食同源價值鏈
(Pre-recorded video 預錄影片)



Mr Ali Badarneh
Chief of Food Security and Food Systems Unit, Division of Agribusiness and Infrastructure Development; Directorate of SDG Innovation and Economic Transformation, United Nations Industrial Development Organization

Ali Badarneh 先生
聯合國工業發展組織農業企業及基礎設施發展部糧食安全及食品系統處主管、可持續發展目標創新及經濟轉型總司

9:30 Opening Keynotes 開幕主題報告

Speakers 演講嘉賓

Food as Medicine: Building Scientific Evidence for Safe and Authentic Products Using Nuclear, Isotopic, and Complementary Analytical Techniques
藥食同源：以核技術、同位素及互補分析技術為安全可靠的產品建立科學證據



Dr Christina Vlachou
Laboratory Head (Food Safety and Control Laboratory), Joint FAO/IAEA Centre of Nuclear Techniques in Food and Agriculture, Department of Nuclear Sciences and Applications, International Atomic Energy Agency

Christina Vlachou 博士
國際原子能機構核科學與應用處
聯合國糧食及農業組織/國際原子能機構糧食及農業核技術聯合中心
食品安全和控制實驗室主管

Worldwide Regulatory Control of Food and Medicine Homology Substances
全球藥食同源物質的法規管理



Professor Junshi Chen
Chief Adviser & Research Professor, China National Centre for Food Safety Risk Assessment
Member of Chinese Academy of Engineering

陳君石院士
國家食品安全風險評估中心總顧問及研究員
中國工程院院士

11:00 Coffee Break 茶歇

11:20 Plenary Session 1 專題一

From Science to Regulation: Innovation-Ready Food Regulatory Systems for Food as Medicine 從科學到法規：「藥食同源」的監管體系

Moderator & Speaker 主持人及演講嘉賓

Regulatory Challenges and Practical Next Steps — Opening and Closing Reflections
監管挑戰與務實的下一步行動 — 開場與總結思考



Mr Tom Heilandt
Secretary General, International Federation for Sustainability and Justice
Director, TVH Global Advisory Limited
Former Secretary, Codex Alimentarius Commission

Mr Tom Heilandt 先生
國際可持續發展與正義聯合會秘書長
TVH Global Advisory Limited 董事
前食品法典委員會秘書

Speakers 演講嘉賓

Food Safety in Personalized Nutrition: A Focus on Food Supplements and Functional Foods
個人化營養的食品安全：聚焦食品補充劑與功能性食品 *(Pre-recorded video 預錄影片)*



Dr Maura Di Martino
Food Safety Specialist, Food and Agriculture Organization of the United Nations

Maura Di Martino 博士
聯合國糧食及農業組織食品安全專家

Management Policies and Priority Work-in-Progress for Food-Medicine Substances in Chinese Mainland 中國大陸地區的食藥物質管理政策與當前重點工作



Dr Lei Zhang
Director, Risk Assessment Department II, China National Centre for Food Safety Risk Assessment

張磊博士
國家食品安全風險評估中心風險評估二室主任、研究員

Application Cases of Synthetic Biology in Macau's Functional Food Sector — Taking JINDAN Capsule as an Example 合成生物學在澳門功能食品領域的應用案例 — 以金膽膠囊為例



Dr Guang Yang
Associate Researcher, National Resource Center for Chinese Materia Medica, China Academy of Chinese Medical Sciences

楊光博士
中國中醫科學院中藥資源中心副研究員

12:30 Networking Lunch and Talks 交流午餐及講話

Speakers 演講嘉賓

From Lab to Market: Building the Engine for Modern Chinese Medicine & Functional Food at HKSTP 從研發到市場：香港科技園構築現代中藥及功能性食品新引擎



Ms Vicky Tse
Head of Life and Health Technology,
Hong Kong Science and Technology Parks Corporation

謝麗娟女士
香港科技園公司生命健康科技總監

Hong Kong: Your Springboard to Success in Asia & Beyond 香港 — 立足亞洲、邁向全球



Dr Cathy Lui
Principal Manager (Life & Health Sciences), Invest Hong Kong

雷雅萍博士
投資推廣署首席經理(生命與健康科學)

14:00 Keynotes 主題報告

Moderator 主持人



Professor Terence Lok-ting Lau
Interim Chief Innovation Officer, Hong Kong Baptist University
Chairman, Food Safety Consortium
Chairman, FoodMed 2026 Organising Committee
Director, Wu Jieh Yee Institute of Translational Chinese Medicine Research

劉樂庭教授
香港浸會大學暫任首席創新總監
食品安全聯盟主席
藥食同源會議2026籌備委員會主席
伍絜宜中醫藥轉化研究所總監

Speakers 演講嘉賓

Developing Food Medicine for Health and Longevity 探索藥食同源的潛力: 健康與長壽



Professor Jian-kang Zhu
President and Vice-Chancellor & Chair Professor, Macau University of Science and Technology
Member of the US National Academy of Sciences

朱健康教授
澳門科技大學校長及副校監、講座教授
美國科學院院士

Advancing Healthy China Through Food as Medicine 以藥食同源助力健康中國



Professor Zhaoxiang Bian, MH
Associate Vice-President (Clinical Chinese Medicine), Hong Kong Baptist University
Hospital Chief Executive, The Chinese Medicine Hospital of Hong Kong
Director, Centre for Chinese Herbal Medicine Drug Development Limited

卞兆祥教授, MH
香港浸會大學協理副校長 (臨床中醫藥)
香港中醫醫院行政總監
中藥創新研發中心總裁

14:40 Plenary Session 2 專題二

Safety and Quality in Food as Medicine 藥食同源的安全性與品質

Moderator 主持人



Professor Chris Wong
Associate Dean (Transdisciplinary Development), Faculty of Science and Technology; Chair Professor, Department of Biology, Hong Kong Baptist University

黃港仕教授
香港浸會大學科學與科技學院副院長（跨學科與轉化發展）及生物系講座教授

Speakers 演講嘉賓

Expert Consensus on Food-Medicine Homology and Related Issues of Food-Drug Substances 藥食同源與食藥物質相關問題的專家共識



Professor Min Chen
Director, Medicine Food Homology Evaluation and Utilization Committee, Chinese Association of Traditional Chinese Medicine
Associate Director, China Academy of Chinese Medical Sciences Center for Traditional Chinese Medicine Resources

陳敏教授
中國中藥協會藥食同源物質評價與應用專業委員會主任委員
中國中醫科學院中藥資源中心副主任

Food Safety: Tracing Radiolabeled Residues to Investigate Their Fate during Food Processing 食品安全：追蹤放射性標記殘留物以探究其在食品加工過程中的去向 *(Pre-recorded video 預錄影片)*



Professor Dr Mark Buecking
Head of Department Trace Analysis & Environmental Monitoring, Fraunhofer Institute for Molecular Biology and Applied Ecology IME

Mark Buecking 教授
弗勞恩霍夫分子生物學與應用生態學研究所微量分析與環境監測部主任

Exogenous Contamination Risks and Regulatory and Detection Technologies for Homology of Medicine and Food Products 藥食同源產品外源性污染風險及監管檢測技術



Mr Shudong Chen
Director of the Laboratory Department and Senior Engineer, Guangdong Institute of Traditional Chinese Medicine

陳樹東先生
廣東省中醫研究所實驗部部長、高級工程師

15:40 Coffee Break 茶歇

16:10 Keynote 主題報告

Moderator 主持人



Professor Junshi Chen
Chief Adviser & Research Professor, China National Centre for Food Safety Risk Assessment
Member of Chinese Academy of Engineering

陳君石院士
國家食品安全風險評估中心總顧問及研究員
中國工程院院士

Speaker 演講嘉賓

Neuroprotection of Goji Glycopeptide 枸杞子的神經保護研究



Professor Kwok Fai So
Director, Guangdong-Hong Kong-Macau Institute of CNS Regeneration, Jinan University
Member of Chinese Academy of Sciences

蘇國輝院士
暨南大學粵港澳中樞神經再生研究院院長
中國科學院院士

16:40 **Plenary Session 3 專題三**

Emerging Innovation, Scientific Validation, and Evidence-based Practices 創新、科學驗證及循證實踐

Moderator 主持人



Professor Xavier Wong
Associate Director and Professor (Teaching and Learning Division), School of Chinese Medicine, Hong Kong Baptist University

王凱亮教授
香港浸會大學中醫藥學院教學科研部副主任及教授

Speakers 演講嘉賓

Ethnobotanical and Traditional Evidence and Pre-Clinical Research — Alignment, Limitations and Opportunities 民族植物學和傳統證據與臨床前研究 — 契合點、局限性和機遇



Associate Professor Andrea Bugarcic
Deputy Director (Education), National Centre for Naturopathic Medicine, Southern Cross University

Andrea Bugarcic 副教授
南十字星大學國家自然療法醫學中心副主任 (教育)

Integration of Traditional Medicine into the Japanese Healthcare System 傳統醫學在日本醫療體系中的整合 *(Pre-recorded video 預錄影片)*



Dr Tetsuhiro Yoshino
Project Senior Assistant Professor, Center for Kampo Medicine, Keio University School of Medicine

吉野鐵大博士
日本慶應義塾大學醫學部漢方醫學中心特任助理教授

Traditional Chinese Medicine Health Tea Drink 中醫養生代茶飲



Professor Jin Zhang
Chief Physician, Doctoral Supervisor, and Director of the Center for Preventive Medicine and Health Examination, Xiyuan Hospital, China Academy of Chinese Medical Sciences

張晉博士
中國中醫科學院西苑醫院主任醫師、博導及治未病/體檢中心主任

Building the Research Ecosystem for Food Homology: Funding, Researchers, Infrastructure 構建藥食同源科研生態圈：資金、科研人才與基礎設施



Professor Amie Steel
Professor of Public Health, National Centre for Naturopathic Medicine, Southern Cross University

Amie Steel 教授
南十字星大學國家自然療法醫學中心公共衛生教授

18:30 **Networking reception 交流酒會**

9:15 Plenary Session 4 專題四

Translational Chinese Medicine and Food Homology 中醫藥與食品同源的轉化

Moderator & Speaker 主持人及演講嘉賓

Wu Jieh Yee Institute of Translational Chinese Medicine Research
伍絜宜中醫藥轉化研究所



Dr Ken Yeung
Director of Technology Translation, Institute for Innovation and Translation, Hong Kong Baptist University

楊樹英博士
香港浸會大學創新及轉化研究院技術轉化總監

Speakers 演講嘉賓

Immune Synergy of Medicine-Food Homologous Polysaccharide Complexes: From the Wisdom of Traditional Chinese Medicine Formulations to Systematic Deconstruction
藥食同源複合多糖的免疫協同：從中醫藥複方智慧到系統解構



Dr Frank Ma
Vice President and Chief Science & Innovation Officer, Infinitus (China) Co. Ltd.

馬軍博士
無限極（中國）有限公司副總裁、首席科創官

Exploration in Chemical and Biological Analysis of Herb Polysaccharides
中藥多糖化學及生物活性研究探索



Professor Simon Han
Professor and Associate Dean (Engagement and Development), School of Chinese Medicine;
Associate Director, Research Centre for Standardization of Chinese Medicines;
Director, Research Centre for Herb Polysaccharides and Intestinal Immunology, Hong Kong Baptist University

韓全斌教授
香港浸會大學中醫藥學院教授及副院長（合作與拓展）、中藥標準化研究中心副主任、中藥多糖與腸道免疫研究中心主任

Food as Medicine in Korea: Evidence and Translational Infrastructure
韓國的藥食同源：證據與轉化基礎設施



Professor Myeong Soo Lee
Principal Researcher, Korea Institute of Oriental Medicine

李明洙教授
韓國韓醫研究院首席研究員

The Story of a Food-as-Medicine Innovation: Unlocking Berberine's Clinical Potential
藥食同源創新的故事：釋放小檗鹼的臨床潛力



Professor Johnson Lau
Distinguished Professor of Science, Faculty of Science and Technology, Hong Kong Baptist University
Co-Founder, Avalon Biomedical Management

劉耀南教授
香港浸會大學科學與科技學院傑出科學教授
鎧耀生物醫藥科技（管理）有限公司共同創辦人

10:30 Coffee Break 茶歇

11:00 Plenary Session 5 專題五

Investment and Entrepreneurship: Challenges and Opportunities for Industry 藥食同源產業與投資—挑戰與機遇

Moderator 主持人



Dr Cathy Lui
Principal Manager (Life & Health Sciences), Invest Hong Kong

雷雅萍博士
投資推廣署首席經理(生命與健康科學)

Speakers 演講嘉賓

Deeptech Ventures — Fundraising DAO & Techniques 深科技初創 — 融資道與術



Mr Fred Li
Managing Director & Head of University Ventures, Gobi Partners

李冠樂先生
戈壁創投董事總經理及大學創科總經理

Harvest to Health: Navigating and Leveraging Research Opportunities in the Food-Medicine and Science-Tradition Nexus 收穫健康：把握「藥食同源」與「科學與傳統交融」的研究機遇



Professor Jon Wardle
Foundation Director, National Centre for Naturopathic Medicine, Southern Cross University

Jon Wardle 教授
南十字星大學國家自然療法醫學中心創始總監

Translational Development of ANL-Based Antivirals from *Justicia procumbens*: A Commercial Veterinary Opportunity in Pet and Livestock Markets
基於爵床植物ANL化合物開發用於寵物和牲畜市場的抗病毒藥物



Professor Hongjie Zhang
Chair Professor and Associate Dean (Teaching and Learning), School of Chinese Medicine;
Cheung On Tak Endowed Professor in Chinese Medicine, Hong Kong Baptist University

張宏杰教授
香港浸會大學中醫藥學院講座教授及副院長（教與學）及張安德中醫藥教授

Opportunities and Challenges for the Development of Chinese Medicine and Food as Medicine in Hong Kong 香港中醫藥及藥食同源的發展機遇與挑戰



Mr Philip Chiu
Head of Professional Services, Mannings, DFI Retail Group

趙國亮先生
DFI 零售集團萬寧專業服務主管

Beyond the Bowl: Translating Nutrition Science into Everyday Pet Wellbeing
讓營養科學成為狗狗日常健康的一部分



Mr Kingson Kwan
Founder and CEO, Mylo Pets

Kingson Kwan先生
Mylo Pets 創辦人及行政總裁

12:30 Speaker Lunch 演講嘉賓午宴

14:00 Pitching Session 初創路演

Moderator 主持人



Ms Donnie Xue
Senior Manager, Institute for Innovation and Translation, Hong Kong Baptist University

薛東妮女士
香港浸會大學創新及轉化研究院高級經理 (創業)

Speakers 演講嘉賓

Sustainable, Scalable Production of *Saussurea Involucrata* Exosome-Like Nanoparticles for Immune-Health Functional Foods
天山雪蓮類外泌體納米顆粒的可持續規模化生產，用於開發免疫健康功能食品



Dr Qilei Chen
Research Assistant Professor, School of Chinese Medicine, Hong Kong Baptist University

陳綺蕾博士
香港浸會大學中醫藥學院研究助理教授

Pathway Discovery of an Irregular Monoterpene from Lavender Plants
薰衣草中一種特殊單萜化合物的生物合成途徑發現



Professor Pan Liao
Assistant Professor, Department of Biology, Hong Kong Baptist University

廖攀教授
香港浸會大學生物系助理教授

Yaobao: An Evidence-Based AI Assistant for Chinese Patent Medicine, Medicinal Food (Homology of Medicine and Food) and Health Supplements
藥包：面向中成藥、藥食同源食材與保健品的循證人工智慧助手



Mr Zeming Li
PhD candidate, Department of Computer Science, Hong Kong Baptist University

李澤銘先生
香港浸會大學計算機科學系博士研究生

Sheminfu Limited 希敏福有限公司



Dr Ashok Iyaswamy
CEO of Sheminfu Limited

Ashok Iyaswamy 博士
希敏福有限公司行政總裁

GastroEase Biotech Limited 健唯生物科技有限公司



Professor Li Xiang Zhai
Director of GastroEase Biotech Limited

翟李翔教授
健唯生物科技有限公司董事

MicroFlow Innovation Limited



Dr Wing Chan
CEO of MicroFlow Innovation Limited

陳昭穎博士
MicroFlow Innovation Limited 首席執行官

Pishon Biotech Limited 比遜生物科技有限公司



Miss Kid Chan
General Manager of Pishon Biotech Limited

陳詠琳女士
比遜生物科技有限公司總經理

14:00 Pitching Session 初創路演

Speakers 演講嘉賓

Crimson Vision Technology Limited 宏視科技有限公司



Professor Furong Zhu
Founder of Crimson Vision Technology Limited

朱福榮教授
宏視科技有限公司創辦人

15:20 Coffee Break 茶歇

15:40 Plenary Session 6 專題六

The Future of FAM – Translating for Impact 藥食同源的未來—轉化創新價值

Moderator 主持人



Professor Terence Lok-ting Lau
Interim Chief Innovation Officer, Hong Kong Baptist University
Chairman, Food Safety Consortium
Chairman, FoodMed 2026 Organising Committee
Director, Wu Jieh Yee Institute of Translational Chinese Medicine Research

劉樂庭教授
香港浸會大學暫任首席創新總監
食品安全聯盟主席
藥食同源會議2026籌備委員會主席
伍絜宜中醫藥轉化研究所總監

Panelists 對談嘉賓



Mr Tom Heilandt
Secretary General, International Federation for Sustainability and Justice
Director, TVH Global Advisory Limited
Former Secretary, Codex Alimentarius Commission

Mr Tom Heilandt 先生
國際可持續發展與正義聯合會秘書長
TVH Global Advisory Limited 董事
前食品法典委員會秘書



Professor Amie Steel
Professor of Public Health, National Centre for Naturopathic Medicine, Southern Cross University

Amie Steel 教授
南十字星大學國家自然療法醫學中心公共衛生教授



Dr Geetha Krishnan Gopalakrishna Pillai
Unit Head, Traditional Medicine Research, Data, Sustainability, and Innovation, Global Traditional Medicine Centre, World Health Organization

Geetha Krishnan Gopalakrishna Pillai 博士
世界衛生組織全球傳統醫學中心傳統醫學研究、數據、可持續性與創新組主管



Professor Myeong Soo Lee
Principal Researcher, Korea Institute of Oriental Medicine

李明洙教授
韓國韓醫研究院首席研究員



Professor Hongjie Zhang
Chair Professor and Associate Dean (Teaching and Learning), School of Chinese Medicine;
Cheung On Tak Endowed Professor in Chinese Medicine, Hong Kong Baptist University

張宏杰教授
香港浸會大學中醫藥學院講座教授及副院長（教與學）及張安德中醫藥教授

16:10 End of Conference 會議閉幕

Note: Programme is tentative and subject to change. 備註：上述日程如有變更，恕不另行通知。

Organising Committee
籌備委員會

Chairman 主席



Professor Terence Lok-ting Lau
Interim Chief Innovation Officer, Hong Kong Baptist University
Chairman, Food Safety Consortium
Chairman, FoodMed 2026 Organising Committee
Director, Wu Jieh Yee Institute of Translational Chinese Medicine Research

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伍絜宜中醫藥轉化研究所總監

Members 成員 (in alphabetical order of surnames 按英文姓氏順序排列)



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Associate Vice-President (Clinical Chinese Medicine), Hong Kong Baptist University
Hospital Chief Executive, The Chinese Medicine Hospital of Hong Kong
Director, Centre for Chinese Herbal Medicine Drug Development Limited

卞兆祥教授, MH
香港浸會大學協理副校長 (臨床中醫藥)
香港中醫醫院行政總監
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Professor Junshi Chen
Chief Adviser & Research Professor, China National Centre for Food Safety Risk Assessment
Member of Chinese Academy of Engineering

陳君石院士
國家食品安全風險評估中心總顧問及研究員
中國工程院院士



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李明洙教授
韓國韓醫研究院首席研究員



Professor Kwok Fai So
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Member of Chinese Academy of Sciences

蘇國輝院士
暨南大學粵港澳中樞神經再生研究院院長
中國科學院院士



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Secretary 秘書



Ms Nelly Lam
Assistant Director (Strategic Alliance and Promotion), Institute for Innovation and Translation, Hong Kong Baptist University
Director, Food Safety Consortium

林昕昕女士
香港浸會大學創新及轉化研究院助理總監 (策略聯盟及推廣)
食品安全聯盟董事

Exhibitors
參展商

A.I. SAFE FOOD LTD.
人工智能食品安全有限公司

BeastiBite

Crimsonvision

健唯生物科技有限公司
GastroEase Biotech Limited

Gihon Biotech

香港名貴中藥檢定中心
HK Authentication Centre of Valuable Chinese Medicines

MicroFlow

Phasys
Biotech

PISHON
BIOTECH LIMITED

希敏福
SHEMINFU

Supporting Organisations
支持單位

香港中華總商會 CGCC The Chinese General Chamber of Commerce, Hong Kong

香港中華廠商聯合會 The Chinese Manufacturers' Association of Hong Kong

CMA TESTING

香港工業總會 FHKI

GS1 Hong Kong

香港科技協進會 The Hong Kong Association for the Advancement of Science & Technology

HKBMIA 香港生物醫藥創新協會 HK Bio-Med Innotech Association

香港餐飲聯業協會 Hong Kong Federation of Restaurants & Related Trades

HONG KONG FOOD COUNCIL 香港食品委員會

HKGCC Hong Kong General Chamber of Commerce 香港總商會1861 | 165 POWERING THE FUTURE OF HONG KONG

HKITDA 香港創科發展協會

hkpc 生產力局

HKTDC 香港貿發局

稻苗飲食專業學會 Institute of Dining Professionals

International Federation for SUSTAINABILITY & JUSTICE

LSCM Logistics and Supply Chain MultiTech R&D Centre 物流及供應鏈多元技術研發中心

药食同源物质评价与利用专业委员会

MCMIA 現代化中醫藥國際協會

HKBU Units
浸大支持單位

香港浸會大學 HONG KONG BAPTIST UNIVERSITY 工商管理學院 SCHOOL OF BUSINESS

校友事務處 Alumni Affairs Office

Career Centre 事業策劃中心

CENTRE FOR INNOVATIVE SERVICE-LEARNING 創新服務學習中心

創業及創新中心 Entrepreneurship and Innovation Centre

INNO NEXUS HKBU Start-up Community

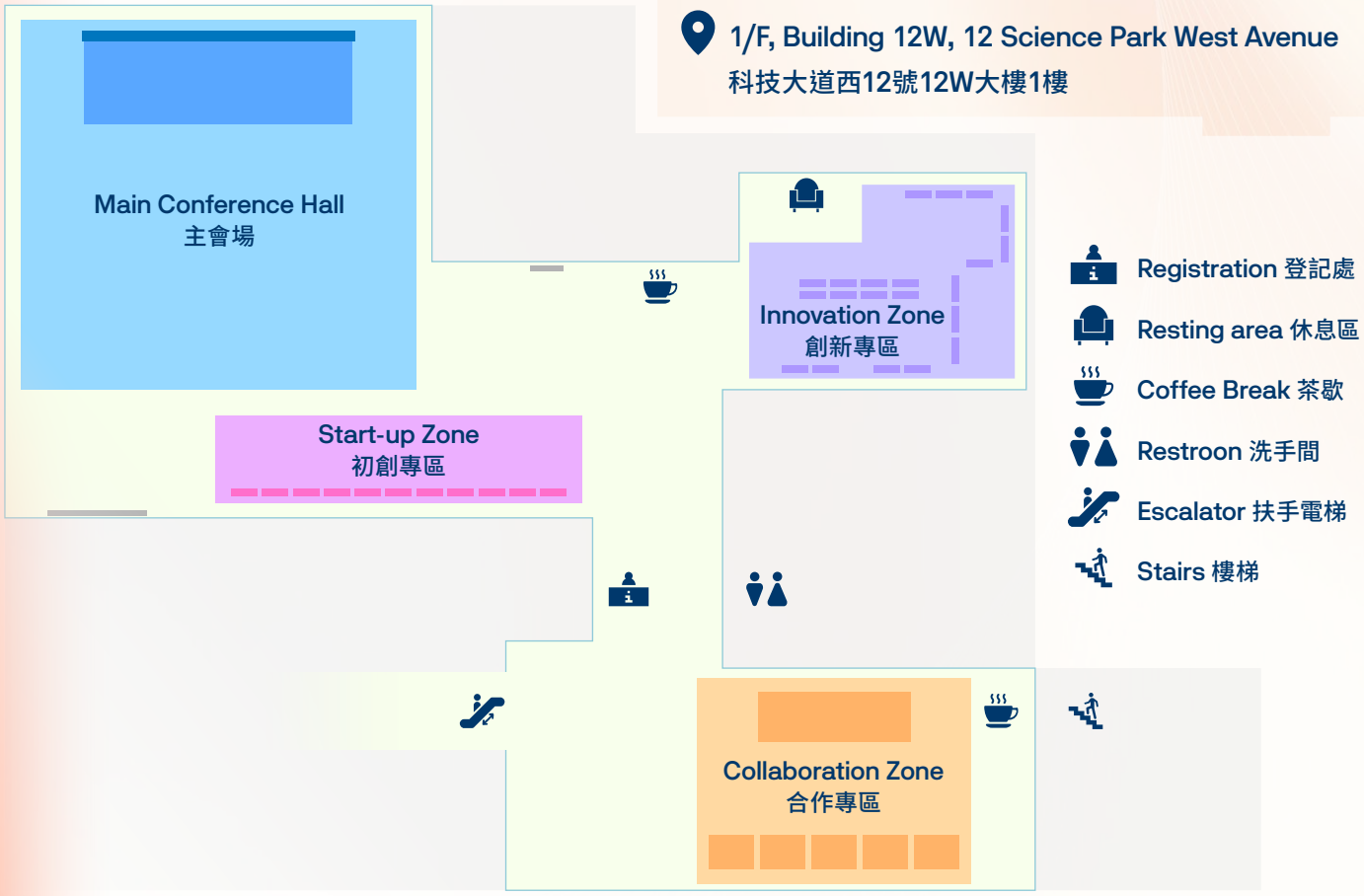
Knowledge Transfer Office 知識轉移處

學生事務處 Office of Student Affairs

Conference Map
會議地圖

Conference & Exhibition 會議及展區

1/F, Building 12W, 12 Science Park West Avenue
科技大道西12號12W大樓1樓



Networking Activities 交流活動

Day 1 Networking Lunch 第一日交流午宴

The Grand 盛宴
S061-S066, G/F, Building 12W, 12 Science Park West Avenue
科技大道西12號12W大樓地下S061-S066號舖

Day 1 Evening Cocktail 第一日交流酒會

Harbourview Grill
S081, G/F, Building 12E, 12 Science Park West Avenue
科技大道東12號12E大樓地下S081號舖



Exhibition Floorplan
展覽地圖

Collaboration Zone
合作專區

Hong Kong Baptist University
香港浸會大學

Coffee Break 茶歇

A | B | C | D | E

A	Hong Kong Science and Technology Parks Corporation 香港科技園公司
B	Multidisciplinary Digital Publishing Institute
C	WHO Global Traditional Medicine Centre
D	Wu Jieh Yee Institute of Translational Chinese Medicine Research 伍絜宜中醫藥轉化研究所
E	Centre for Chinese Herbal Medicine Drug Development 中藥創新研發中心

Start-up Zone
初創專區

1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11

1	Zhuhai Guangdong- Hong Kong Food Safety Testing Co Limited 珠海粵港食品安全檢測有限公司
2	BeastiBite Limited 吞食科技有限公司
3	PHAsys BioTech Limited
4	MicroFlow Innovation Limited
5	Crimson Vision Technology Limited 宏視科技有限公司
6	A.I. Safe Food Limited 人工智能食品安全有限公司
7	Gihon Biotech Limited 基訓生物科技有限公司
8	Pishon Biotech Limited 比遜生物科技有限公司
9	Hong Kong Authentication Centre of Valuable Chinese Medicines Limited 香港名貴中藥檢定中心
10	GastroEase Biotech Limited 健唯生物科技有限公司
11	Sheminfu Limited 希敏福有限公司

Exhibition Floorplan
展覽地圖



Innovation Zone
創新專區

12	A High-Throughput Screening Platform for Mitophagy Enhancers: Towards Novel Therapeutics for Age-Related Decline 靶向線粒體自噬增強劑的高通量篩選平台—開發延衰新型治療策略的途徑
13	Yaobao (藥包): An Evidence-Based AI Assistant for Chinese Patent Medicine, Medicinal Food (Homology of Medicine and Food) and Health Supplements 藥包（Yaobao）：面向中成藥、藥食同源食材與保健品的循證人工智慧助手
14	Macrophages Carrying Triptolide for Targeted Treatment of Rheumatoid Arthritis 負載雷公藤甲素的巨噬細胞用於類風濕性關節炎的靶向治療
15	Chinese Medicine Diet and Health Images Database Promotes Food as Medicine Globally 中醫飲食養生圖數據庫向全球推廣藥食同源理念
16	Tailor-Made Herbal Formulations for Gut Health: Customized Solutions for Elderly and Young Adults 針對腸道健康的草本配方：為老年人與年輕人提供定制化解決方案
17	Dietary Pectin Alleviates Functional Constipation via Gut Microbiota and Bile Acid Remodelling 膳食果膠經由腸道菌群及膽汁酸重塑改善功能性便秘
18	Food as Medicine: Cinnamon and Apigenin for Obesity Prevention 藥食同源: 肉桂與芹菜素用於預防肥胖
19	Food-Derived Polysaccharides as Functional Supplements: Mechanistic Verification and Product Translation 食源性多醣作為功能性補充劑: 作用機制驗證與產品轉化
20	Pathway Discovery of an Irregular Monoterpene from Lavender Plants 薰衣草中一種特殊單萜化合物的生物合成途徑發現
21	Pathway Discovery of Active Compounds in Ginger Plants 生薑植物中的生物合成途徑發現
22	Sustainable, Scalable Production of *Saussurea Involucrata* Exosome-Like Nanoparticles for Immune-Health Functional Foods 天山雪蓮類外泌體納米顆粒的可持續規模化生產，用於開發免疫健康功能食品
23	Ginseng's Potential to Address High-Fat-Diet–Induced Obesity 人參，一種具有潛力來緩解高脂飲食誘導肥胖的傳統中藥
24	Breakthrough in the Production of Hybrid Rice Seeds 水稻溫敏雌性不育基因TFS1的克隆和功能研究有助水稻雜交制種的全面機械化
25	Science of Aroma: Pioneering Pyrazinone Formation for Enhanced Food Flavours 香氣科學：新型吡嗪酮形成，提升食品風味
26	Applying Inkjet-Printed Natural Colorimetric Indicators as Intelligent Packaging with Monitoring the Freshness of Whiteleg Shrimp as an Example 基於噴墨打印的食品智能包裝比色指示劑的研發與應用 — 以針對南美白對蝦的鮮度指示為例
27	Uncovering The Bitterness Masking Potential by Umami Peptide 鮮味肽掩蓋苦味的機制探究
28	Revolutionising Health Management: Personalised Nutrition Recommendations Through AI 革新健康管理：通過人工智能實現個性化營養建議
29	High- Pressure Homogenisation Improves Food Quality of Plant-Based Milk Alternatives 高壓均質處理提升植物奶品質
30	Detecting Adulteration in Extra Virgin Olive Oil: Analytical Advances in Food Technology 檢測特級初榨橄欖油摻假：食品科技中的分析進展
31	Advancing Houzao: From Quality Analysis to Bio-Inspired Substitutes for Market Reliability 猴棗研究的飛躍與突破：從成分解析到仿生替代，確保市場供應與品質
32	Tryptophan Sulfonate: A Breakthrough Marker for Accurate Detection of Sulfur-Treated Foods 色胺酸磺酸鹽：一種準確檢測硫處理食品的突破性標記物

Sustainable Development Goals
永續發展目標

Aligned with the United Nations Sustainable Development Goals (SDGs), FoodMed 2026 seeks to advance healthier populations, sustainable food systems, responsible innovation, and cross-sector partnerships. By bringing together leaders from science, healthcare, industry, investment, and policy, the conference aims to accelerate the translation of evidence-based Food as Medicine solutions into real-world impact, contributing to a healthier, more sustainable future for communities around the world.

藥食同源會議2026回應聯合國永續發展目標 (SDGs)，致力推動更健康的人口、永續食物系統、負責任的創新與跨領域合作。透過匯聚科學、醫療保健、產業、投資與政策等領域的領袖，會議旨在加速將循證的藥食同源方案轉化為能產生實質影響的應用，為全球各地社群共同打造更健康、更永續的未來。



良好健康與福祉



優質教育



體面工作和經濟增長



產業、創新與基礎建設



負責任消費與生產



促進目標實現的伙伴關係

About Hong Kong
關於香港

Hong Kong, at the south-eastern tip of China, is a dynamic city famous for its skyline, harbor, and cultural fusion. As Asia's premier event hub, it hosts a mix of Eastern and Western festivals such as the Hong Kong Pop Culture Festival and French May Arts Festival.

Culinary experiences abound, with options ranging from street food to Michelin-starred dining, showcasing Hong Kong's culinary diversity. This city is a treasure trove of new experiences waiting to be uncovered. From its rich historical architecture to its vibrant art scene, immersive nature adventures to exciting shopping excursions, and bustling nightlife to colorful cultural encounters, this city promises to create unforgettable memories that will linger in your memory.

香港位處中國的東南端，以其壯觀的天際線、繁忙的港口和豐富的文化融合而聞名。作為亞洲的活動之都，香港舉辦各種展現東西方交融特色的世界級活動，包括香港流行文化節和法國五月藝術節。

美食是香港文化中不可或缺的一部分，從街頭小吃到米芝蓮星級餐廳應有盡有，展現香港豐富多元的美食文化。這個城市處處都能讓您發掘新事物，無論是歷史建築、藝術活動、自然體驗、文化交流、逛街購物或是五光十色的夜生活，都能讓您留下難忘的回憶。

Visit Hong Kong Tourism Board to learn more
瀏覽香港旅遊發展局了解更多



Visit FoodMed 2026 website for more information.
瀏覽藥食同源會議2026網頁獲取更多資訊。

https://foodmed.hk/

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Any opinions, findings, conclusions or recommendations expressed in this event/publication (or by members of this technology transfer office) do not reflect the views of the Government of the Hong Kong Special Administrative Region or the Innovation and Technology Commission.

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